# Building 90

# Safety Meeting

# 16 May 2006

# Agenda

- Meeting minutes, dated 04/24/06
- Review of open actions
- Topics of the Month:
  - 101 Days of Summer – Heat
  - Monthly Events
  - Motorcycle Safety
- Miscellaneous info
- Questions

# Meeting Minutes

- Sent via email, 04/27/06

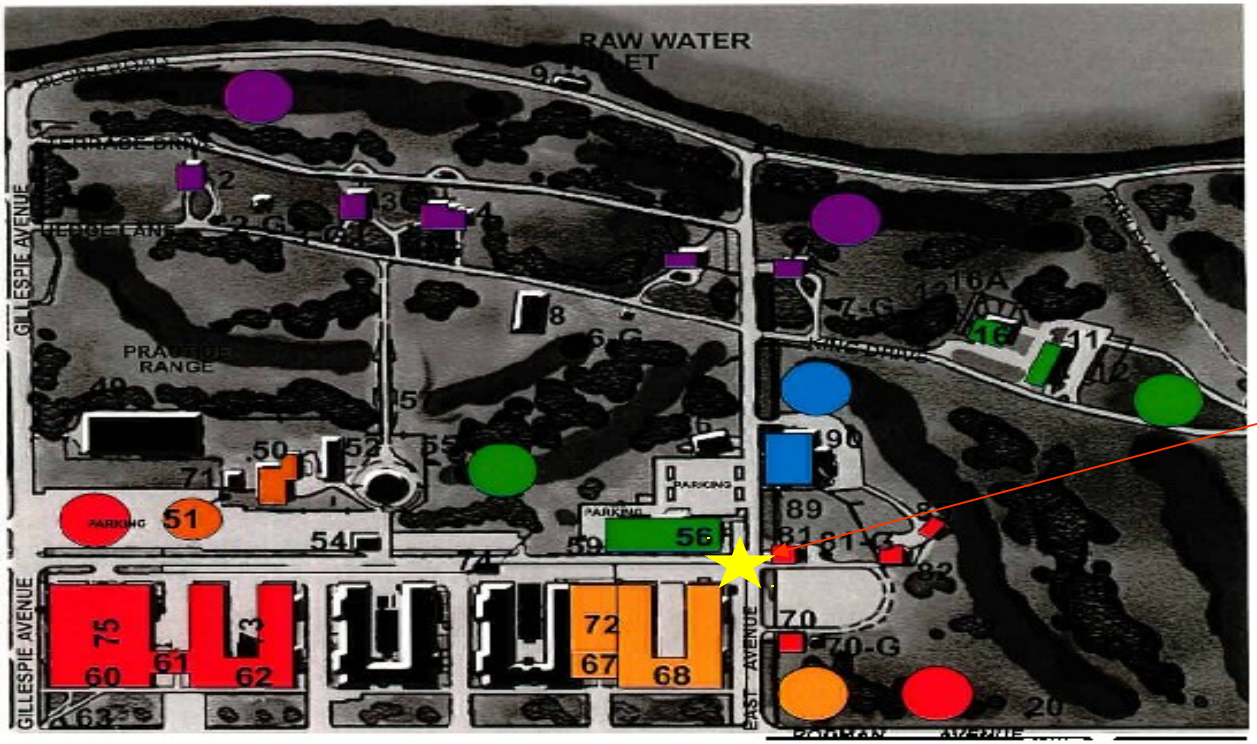
- Actions:
  - Advise customers of ramp at North door (garden level) vs. handicap door
  - Identify fire marshals in garden, 1st, 2nd floors
  - Know organization headcounters

# Evacuation Reminder

- **Evacuation Point for Building 90**

**At or near STOP sig**
**at North Avenue**
**and East Street**

# ROCK ISLAND ARSENAL
# EVACUATION ASSEMBLY POINTS




## QUADRANT 4

| | |
|---|---|
| Quarters 2, 3, 4, 6 | Report to #1 Green north of quarters |
| Quarters 7 | Report to #2 Green north of quarters |
| Bldgs 11, 16 | Report to grass area east of bldg 11 |
| Bldgs 60, 61, 62, 75 | Report to parking lot OF north of bldg 60 |
| Bldgs 50, 52 | Report to parking lot OF south of building 50 |
| Bldg 56 | Report to #16 Green northwest of bldg 56 |
| Bldgs 67, 68, 72 | Report to POW/MIA Memorial East of bldg 68 |
| Quarters 70, 81, 82, 85 | Report to POW/MIA Memorial South of quarters |
| Bldg 90 | Report to #15 Green north of bldg 90 |

# Review

- **Fire Marshal Wardens –**
  - **3rd floor – Mary Bautista and Phil Degen**
  - **2nd floor –**
  - **1st floor –**
  - **Garden level - Molly Condon**
  - **Meet last Tuesday of Month, 0900, 102 Conf Room**
- **“Headcounters”**

# Accountability

- **Org Primary Alternate**
- **DMAnn Nollett Julie Wheeler**
- **EO Lydia Elliott-Buettner Chuck Cervantes**
- **GC Larry Manecke John Welling**
- **GMAnn Nollett Julie Wheeler**
- **IA Denise Contreras-Williams**

# Accountability

| Org | Primary | Alternate |
| --- | --- | --- |
| OC | Mike Bobie | Sharon Mathias |
| PA | Ann Nollett | Julie Wheeler |
| RG | Pat Ballman | Jim Robertson |
| | | |
| SF | Jerry Golden | Nancy Carlson |
| ARI | Elvia Jaggers | Kitty Verstraete |

# Head Count/Rally Tally

| Last Name | First Name | Here | Leave or RDO | TDY |
|---|---|---|---|---|
| | | | | |
| **Jaggers** | Elvia | | | |
| **Yackley** | Suzie | | | |
| **Cahill** | Pat | | | |
| **Condon** | Molly | | | |
| **Dee** | Jude | | | |
| **Keiffert** | Sharon | | | |
| **Kraker** | Terry | | | |
| **Little** | Roxanne | | | |
| **Ode** | Angela | | | |
| **Pearson** | Jessica | | | |
| **VanHerzeele** | Vicki | | | |
| **Ver Straete** | Kitty | | | |
| **Vols** | Margaret | | | |
| | | | | |
| | | | | |

**Name in RED are responsible for their group.**

**Name in BLUE is alternative.**

**Fire Marshall for Garden Level is**
**Molly Condon**

**These lists will be collected by**
**the Group Chief ONLY in the event of a real emergency**

# Topic of the Day

101 Days of Summer

# 101 Days of Summer

**Keep it Cool!**
**Plan Activities!**

**Keep it Fun!**
**Minimize the Risk!**

## UNSAFE ACTS

**Keep it Safe!**
**Control Hazards!**

# Summer Safety

## HEAT INJURY PREVENTION

Unsafe Acts

- Drink plenty of water
- Avoid heavy meals at lunch time
- Maintain a well balanced diet
- Wear appropriate clothing
- Use sunscreen
- Follow recommended work/rest cycles
- Acclimate the body slowly to climate

# Summer Safety

## HEAT INJURY PREVENTION

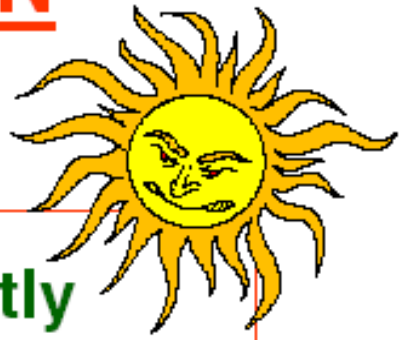
Unsafe Acts

- Keep areas well ventilated
- Schedule outdoor activities during the cooler part of the day
- Use the buddy system
- Monitor those at risk
- Use common sense

# Summer Safety

## SUNBURN PREVENTION

Unsafe Acts

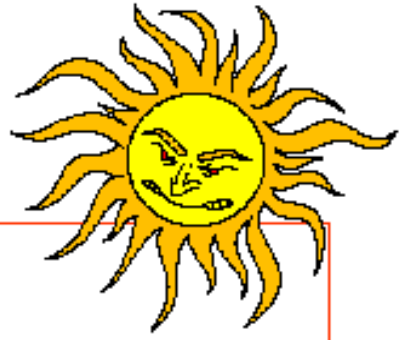


- Use sunscreen - reapply frequently
- Moderation - avoid extended exposure
- during peak hours (1000-1600)
- Avoid repeated exposure
- Seek medical care if severely burned

# Summer Safety

Unsafe Acts

## HEAT RASH



### CAUSE

Skin irritation caused by excessive sweating in a hot humid environment

### SYMPTOMS

Appears as a cluster of pimples or small blisters in the neck and groin area; under breasts & arms; and skin creases

### TREATMENT

Baby powder with corn starch

Cool shower - avoid lotions - change clothes frequently

# Summer Safety

Unsafe Acts

## HEAT CRAMPS

**CAUSE**

Excessive loss of salt from the body

**SYMPTOMS**

Painful cramps of the major muscle groups (arms, legs, or stomach)

**TREATMENT**

Provide cool water - shade - monitor

# Summer Safety

## HEAT EXHAUSTION

Unsafe Acts

**CAUSE**

Excessive loss of salt and water in the body

**SYMPTOMS**

Profuse sweating - headache - paleness - weakness
nausea - cool moist skin - tingling sensation in extremities

**TREATMENT**

Provide water - shade - elevate feet - monitor
seek medical attention immediately

# Summer Safety

Unsafe Acts

## HEAT STROKE

**CAUSE**

The body's heat regulatory mechanism stops

**SYMPTOMS**

Headache - dizziness - delirium - weakness - nausea
red, hot skin - unconsciousness

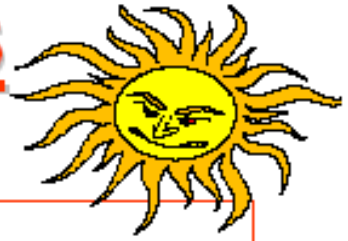
**TREATMENT**

**MEDICAL EMERGENCY!!**

cool shaded area - soak clothing and fan - elevate feet
massage extremities

# Summer Safety

## HEAT SAFETY FOR PETS



**Unsafe Acts**

- Never leave your pet unattended in direct sunlight
- Never leave your pet alone in a unattended vehicle
- Always make sure your pet has plenty of water
- Avoid strenuous exercise with your pet on hot days
- Remember pets can get a sunburn too.
- Never allow your pet to drink salty ocean water

# STAY HYDRATED

# H. E. A. T.

May is
Healthy
VISION
Month

- Healthy Vision 2006 - Reduce Occupational Eye Injury

# May Observances

- **May 20 – 26: National Safe Boating Week**
- **May 22 – 29: Buckle Up Amer**

- **May 22 – June 4: Click It or Ticket**

**www.nhtsa.dot.gov**

# National Safe Boating Week

# Personal Floatation Devices

- **Type I**
  - **Offshore Life Jacket**

**Type II**

**Near Shore**

# Personal Floatation Devices

- **Type III**
  - **Floatation Aid Device**

**Type V**

**Special Use**

# Personal Floatation Devices

- **Type III and V**
  - **Inflatable Life Jacket**

# Personal Floatation Devices

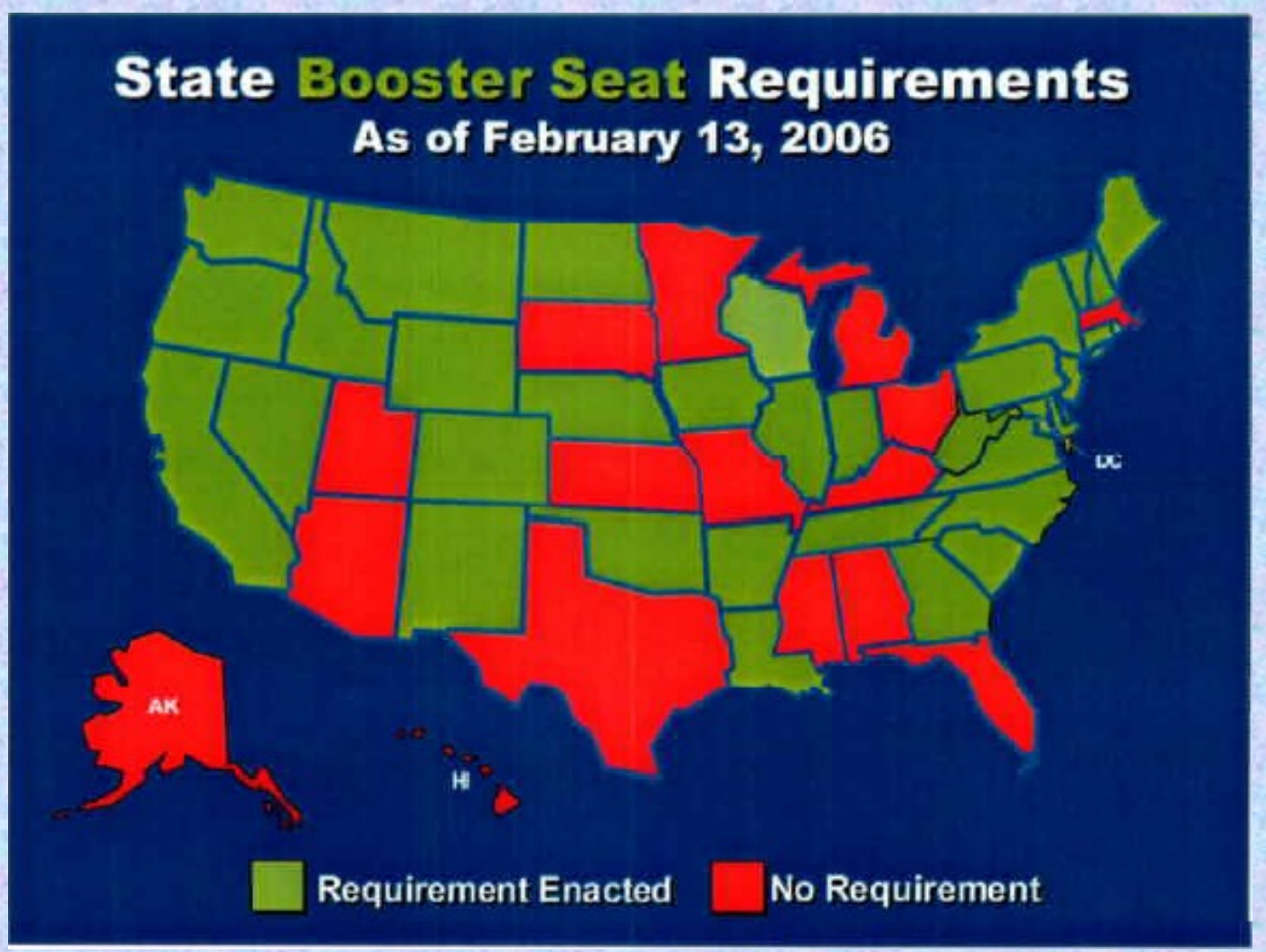
- **Simply wearing a life jacket isn't enough –**
  - **make sure that it fits properly and the straps, buckles or zipper are secure.**

# Buckle Up America

- **State Legislative Activities - 34 States Require Booster Seat Use**

- **As of February 13, 2006,**
  - **34 States and the District of Columbia require the use of an appropriate restraint device or booster seat by children who have *outgrown their child safety seats but are still too small to use an adult safety belt correctly.***

# Buckle Up America



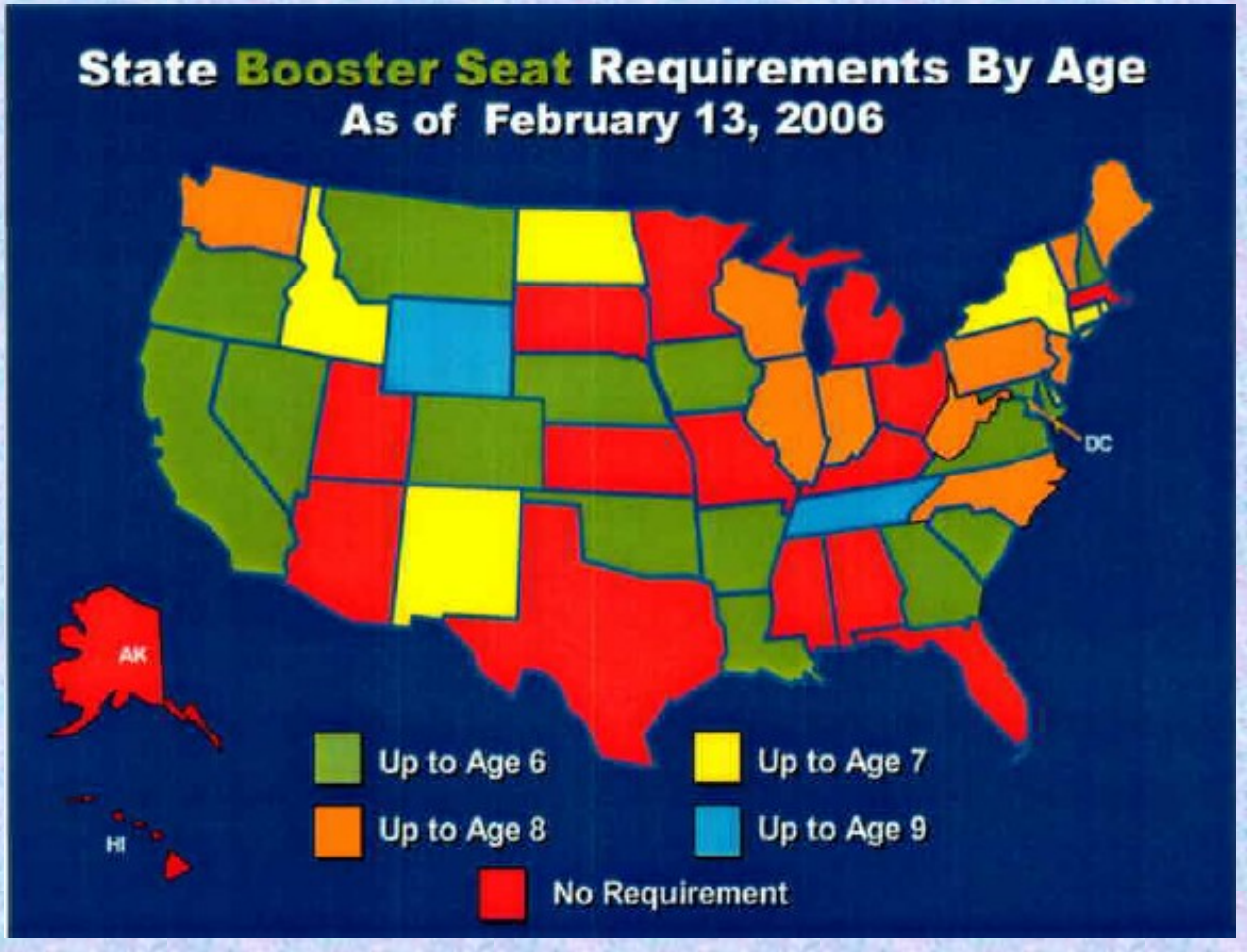
# Buckle Up America

- **Specific provisions vary widely from State to State.**
  - **All laws include an age limit**
  - **Some States also emphasize weight limits**
  - **Some States stipulate height requirements**

- **Washington State, the age requirement will rise from 6 to 8 years of age, effective June 1, 2007.**

- **States have continued to strengthen their child restraint laws in other ways,**
  - **Requiring children to ride in the back seat**
  - **Prohibiting children, especially infants, from riding in the path of an active front passenger airbag.**

# Buckle Up America



BUCKLE UP
AMERICA
Every Trip. Every Time.

# Click It or Ticket

- **“Click It or Ticket” – Safety Belts Save Lives**
- **Regular safety belt - most effective way to protect people / reduce fatalities in motor vehicle crashes.**
- **Nearly one in five Americans (18 percent nationally) still fail to regularly wear their safety belts when driving or riding in a motor vehicle.**

# Click It or Ticket

- **Safety belt use - increased to a record 82% nationally in 2005 (up from 58% since 1994)**
- **Too many Americans still choose not to regularly wear their safety belts.**
- **According to NHTSA, 31,693 passenger vehicle occupants died in traffic crashes during 2004 –**
  - **55% of those killed <u>NOT</u> wearing their safety belts**

# Least Likely to Buckle Up…

- Young Males
- Pickup Truck Occupants
- Rural Drivers
- Drivers at Night

- Greatest at risk…

# Click It or Ticket

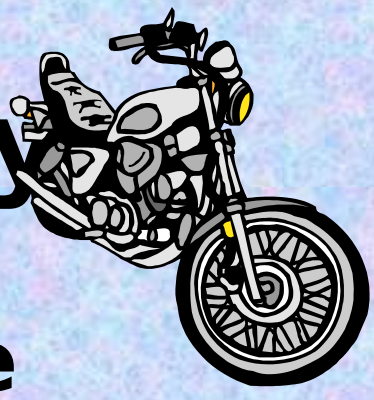
- **22 May through 4 June**
- **The 2006 “Click It or Ticket” national enforcement mobilization**

IT NOT ONLY
PROTECTS YOU
IT PROTECTS
YOUR WALLET.
CLICK IT
OR
TICKET

# Click It or Ticket

- **The “National Highway Safety Council” has done extensive testing on a newly designed seat belt.**
- **Results show - accidents can be reduced by as much as 45% when the belt is properly installed.**
- **Correct installation follows...**

# Motorcycle Safety



- **Motorcycle Training Update**
  - **Finalizing agreement with Illinois State University**
  - **Classes to be scheduled shortly**

# Motorcycle Safety

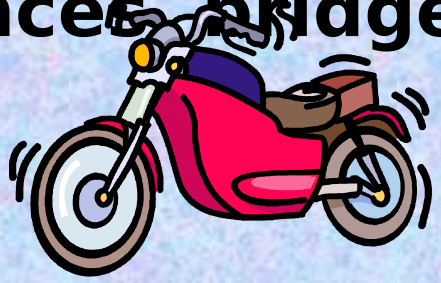
**Ten Things All Car & Truck Drivers Should Know About**

**Motorcycles**

1. **Look for motorcycles, especially when checking traffic at an intersection.**

2. **Because of its small size, a motorcycle may look farther away than it is.**

3. **Because of its small size, a motorcycle can be easily hidden in a car's blind spots (door/roof pillars) or masked by objects or backgrounds outside a car (bushes, fences, bridges, etc).**

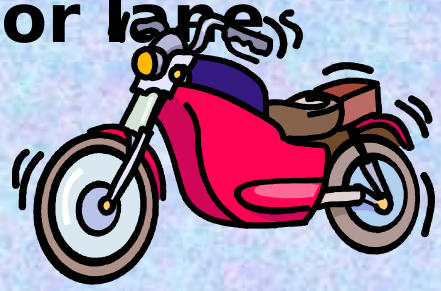


# Motorcycle Safety

4. Because of its small size a motorcycle may seem to be moving faster than it really is.

5. Motorcyclists often slow by downshifting or merely rolling off the throttle, thus not activating the brake light.

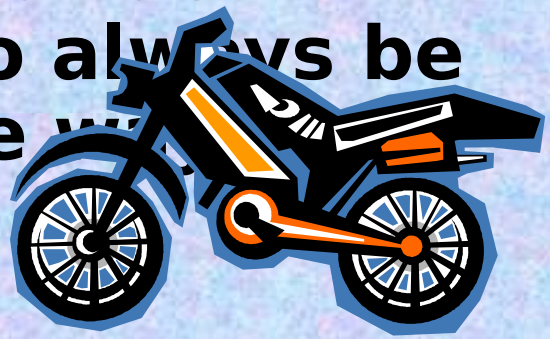
6. Turn signals on a motorcycle usually are not self-canceling, thus some riders, (especially beginners) sometimes forget to turn them off after a turn or lane change.



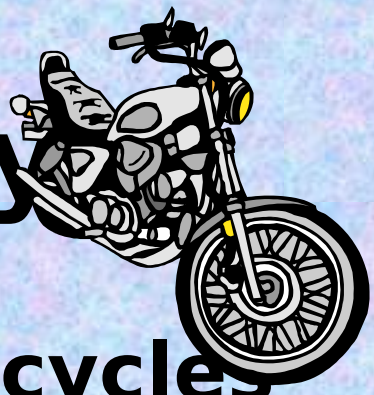
# Motorcycle Safety

7. Motorcyclists often adjust position within a lane to be seen more easily and to minimize the effects of road debris, passing vehicles, and wind.

8. Maneuverability is one of a motorcycle's better characteristics, especially at slower speeds and with good road conditions, but don't expect a motorcyclist to always be able to dodge out of the way.

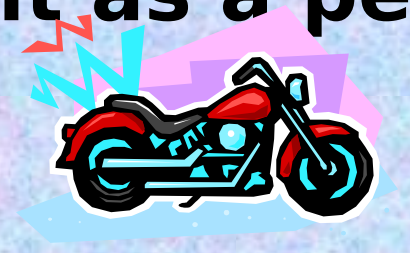


# Motorcycle Safety



9. Stopping distance for motorcycles is nearly the same as for cars, but slippery pavement makes stopping quickly difficult.

10. When a motorcycle is in motion, don't think of it as motorcycle; think of it as a person.



# Motorcycle Safety

- **Video clip**
- **WATCH for Motorcycles!**

# Miscellaneous

- **Remember NO Smoking – 50’**

# Next Meeting

- 14 June 2006
- 1300
- 2nd Floor Conference Room

# Questions?